WHAT IS CLAIMED IS:

- 1. A monoclonal or polyclonal antibody having high affinity for a peptide selected from the group consisting of: Phe-Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:1), Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4), and Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:2).
- 2. The antibody of claim 1, wherein said antibody is a monoclonal antibody.
- 3. The antibody of claim 1, wherein said antibody has high affinity for the peptide Phe-Phe-Gly-Leu-Met-NH, (SEQ ID NO:1).
- 4. The antibody of claim 2, wherein said antibody has high affinity for the peptide Phe-Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:1).
- 5. The antibody of claim 1, wherein said antibody has high affinity for the peptide Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4).
- 6. The antibody of claim 2, wherein said antibody has high affinity for the peptide Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4).
- 7. The antibody of claim 1, wherein said antibody has high affinity for the peptide Phe-Gly-Leu-Met-NH, (SEQ ID NO:2).

- 8. The antibody of claim 2, wherein said antibody has high affinity for the peptide Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:2).
- 9. The antibody of claim 1, wherein said antibody is cross-reactive with each of peptides Phe-Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:1), Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4), and Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:2).
- 10. The antibody of claim 2, wherein said antibody is cross-reactive with each of peptides Phe-Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:1), Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4), and Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:2).
- 11. A method for detecting magnesium binding defect comprising:
 - a) measuring in blood serum the level of peptide having an amino acid sequence selected from the group consisting of: Phe-Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:1), Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4), and Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:2); and
 - b) comparing said level to a standard,
 wherein a reduced level of said peptide is indicative of said magnesium binding defect.
- 12. The method of claim 11, wherein said level of peptide is measured by using an antibody to peptide having an amino acid sequence selected from the group consisting of: Phe-Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:1), Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4), and Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:2).

- 13. The method of claim 12, wherein the antibody is monoclonal.
- 14. The method of claim 13, wherein the monoclonal antibody cross reacts with each of said peptides.
- 15. The method of claim 12, wherein the antibody is employed in an immunoenzyme assay.
- 16. The method of claim 15, wherein the immunoenzyme assay is enzyme-linked immunosorbent assay to quantitate the concentration of said peptide in blood serum.
- 17. The method of claim 12, wherein the antibody is polyclonal.
- 18. A method for correcting magnesium binding defect of an individual comprising administering to said individual peptide having an amino acid sequence selected from the group consisting of: Phe-Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:1), Phe-Xaa-Gly-Leu-Met-NH₂, where Xaa is variant Phe or Val (SEQ ID NO:4), and Phe-Gly-Leu-Met-NH₂ (SEQ ID NO:2).
- 19. The method of claim 18, wherein said peptide is administered in an amount sufficient to correct magnesium binding defect.
- 20. The method of claim 19, wherein the peptide is administered intravenously.